

THE WORST STAGE OF COVID-19 WILL BE SYSTEMIC TOXIC HEAT AND LUNG FIRE

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These cases of COVID-19 will exhibit high fever and harsh painful cough. Fevers can reach 104 or 105 degrees, with body ache, headache, chills or shivering, and delirium, lasting 3 to 5 days. This systemic heat will locate in the lungs causing lung fire, and that cough can last many weeks. You can treat your patients without them setting foot in your clinic, by listening to their symptoms, and providing medicines at the door.

The key to treatment here is to concentrate on herbs that kill virus, namely herbs found in the category Clear Heat, Resolve Toxins (qīng rè jiě dú, 清热解毒). For classical practitioners who rely on six stages, the classical formulas will not be strong enough, because they do not contain enough herbs that kill viruses. They can be combined with the anti-toxic heat formulas, but alone will not do the job.

I am providing a list of herbal products that you should consider stocking up on. This pandemic can go well into July or August. If you cannot obtain the products due to shortages, and if you have a raw herb or extract granule pharmacy, then make the formulas yourself from the formulas as listed on their websites. Or use herbal companies who can make up the formulas for you.

My company, Dr Jake Fratkin Herbal Formulas, manufactured two formulas recommended by the China Ministry of Health during the SARS epidemic. Clear Toxin was recommended during the illness, and Immune Plus is was recommended to avoid getting sick. They will not cure the illness quickly, but can reduce severity and duration. We are completely out of stock of these two formulas until the end of April, but you can look at the formula ingredients, and copy them. The formulas with percentage ingredients can be found in my general catalogue:
(www.drjakefratkin.com/store/herbal-formulas-for-practitioners/)

I am listing all of the manufactured products that will be of benefit here. Detailed descriptions can be found in the manufacturer's website, and also my book Essential Chinese Formulas (www.drjakefratkin.com/product/essential-chinese-formulas/).

1) FOR ILLNESS WITH FEVER, the treatment principle is to clear toxic heat. Choose from: * = most recommended

Classical Formulas:

WU WEI XIAO DU YIN (wǔ wèi xiāo dú yǐn 五味消毒饮) * Availability:

DANDELION & WILD CHRYSANTHEMUM COMBINATION (EG) FIVE FLAVOR TEAPILLS (PF)

WU WEI XIAO DU YIN (BP, TL)

WU WEI XIAO DU YIN (EG)

* PATRINIA 7 (SF)

Modern Chinese Formulas:

CHUAN XIN LIAN WAN (chuān xīn lián wán 穿心蓮丸) * Availability:

ANDROGRAPHIS FORMULA (GF) ANTIPHLOGISTIC FORMULA (K) CHUAN XIN LIAN KANG YAN PIAN (BP) CHUAN XIN LIAN PIAN (PF, PM) CHUAN XIN LIAN WAN (HT)

ISATIS FORMULA (CC) *antiVIRII (PX)

* ISATIS 6 (SF)

GAN MAO LING (gǎn mào líng 感冒靈) Availability:

CHILDREN'S CLEAR AND RELEASE FORMULA (GF)

DR.SHEN'S GAN MAO LING (DS) GAN MAO LING (K, PF)

GAN MAO LING FORMULA (GF) GAN MAO LING JIE DU WAN (HT) GANMAO TUIRE CHONGJI (PM)

GANMAOLING TABLETS (PM)

ZHONG GAN LING (zhòng gǎn líng 重感靈) Availability:

COLD BURST (JD)

ZHONG GAN LING (HT, JD, K, PF, TL) ZHONG GAN LING FORMULA (CC, GF) ZHONG GAN LING WAN (HT)

ZHONG GAN QING PIAN/WAN (GC)

Important American-made products: (* = favorites) ASTRA ISATIS (HC)

- * BIDENS 6 (SF) CHRYSANTHEMUM 9 (SF)

CHUAN XIN LIAN KANG YAN WAN (HT)

- * CLEAR TOXIN (DrJake)

CLEAR HEAT (HC) ENHANCE (HC) FORSYTHIA 18 (SF)

- * GZQ (DrJ)
- * HERBAL ABX (EVG)
- * ILEX 15 (SF)

ISATIS FORMULA (CC)

ISATIS GOLD (HC)

- * PARIS 7 (SF)
- * PATRINIA 7 (SF)

PURGE HEAT (CMS)

* VIOLA CLEAR FIRE FORMULA (GF)

2) LUNG FIRE, with harsh painful barking cough, difficulty breathing. CHINESE-MADE FORMULAS:

QING ZAO JIU FEI TANG (qīng zào jiù fèi tāng 清燥救肺汤) Availability:

ERIOBOTRYA & OPHIOPOGON COMBINATION (EG) QING ZAO JIU FEI WAN (HT, TL)

HUANG LIAN SHANG QING WAN (huáng lián shàng qīng wán 黄连上清丸) * Availability:

COPTIS, PHELLODENDRON & MINT FORMULA (EG) HUANG LIEN SHANG CHING PIEN (PM)
HUANG LIEN SHANG QING PIAN (BE, PM)

QING FEI YI HUO PIAN (qīng fèi yì huǒ piān 清肺火片) * Availability:

CHING FEI YI HUO TABLETS (PM) QING FEI CLEARING FORMULA (K) QING FEI YI HUO WAN (HT)

YANG YIN QING FEI WAN
YANG YIN QING FEI WAN (PM)

YANG YIN QING FEI TANG JIANG (PM)

AMERICAN-MADE PRODUCTS:

- * BELAMCANDA 15 (SF)
- * STEMONA TABLETS (SF)
- * SVP LUNG (DrJ)

HERBAL COMPANY CODES

BP Blue Poppy

CC Chinese Classics

DrJ Doctor Jake Fratkin's Formulas

EG "Standardized" extract granules or capsules from Taiwan and China (Acuherb, E-

Fong, Evergreen, Guang Ci Tang, Herbal Times, KPC, Mintong, Nong's, Plum

Flower, Qualiherb, Sunten, etc) EV Evergreen

GC Guang Ci Tang (Active Herb) GF Golden Flower

HC Health Concerns

227. HS Honso (TCM Zone)

228. HT Herbal Times (Nuherbs)

JD Jade Dragon (Nuherbs)

K Kan Herbals and Traditionals

MS Minshan (China)

PF Plum Flower (Mayway)

PM Patent Medicine (various manufacturers, China) PX Panexea
SF Seven Forest (Institute of Traditional Medicine) TZ TCMZone (Honso)
TL Tanglong (China)

Many of these products can be found at: Crane Herb Company: www.craneherb.com Golden
Needle: www.goldenneedleonline.com